

The East Hanover & Roseland Health Departments in partnership with the N. J. Department of Health  
and Senior Services are proud to introduce

# Project Healthy Bones

Please join us for a free Information Session to learn more about

**Project Healthy Bones. Project Healthy Bones is a 24-week  
osteoporosis exercise and education class.**



**WHEN: October 13, 2017 from 10:00 am-12:00 noon**

**WHERE: Tom Rinaldi Center, 5<sup>th</sup> Street, East Hanover**  
(off Eagle Rock Ave, across from Sorrento's Bakery)

**CALL: Please call the East Hanover Health Department  
at  
# 973-888-6035 to register**

Project Healthy Bones is sponsored by the NJ Department of Health & Senior Services.